

### 13th Workshop for Rabies

Warsaw, Poland 15-16 June 2022

### Human rabies: the diagnostic challenge



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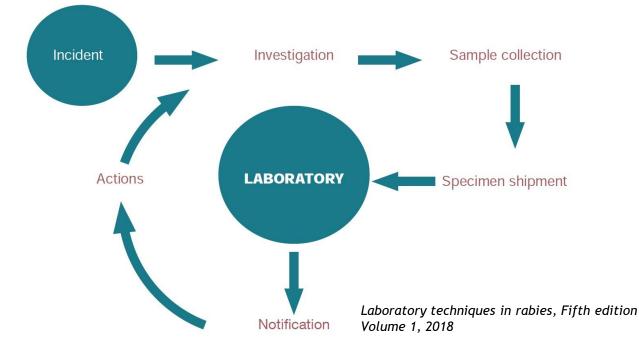
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### The major objectives of laboratory techniques

- A key step in the framework of rabies surveillance
  - Demonstrate the presence and distribution of disease in humans (and animals)
  - $\Rightarrow$  <u>Aid</u> in control efforts
  - ⇒ Determine the course of medical care for exposed individuals
  - ⇒ Document <u>absence</u> of disease during elimination programmes

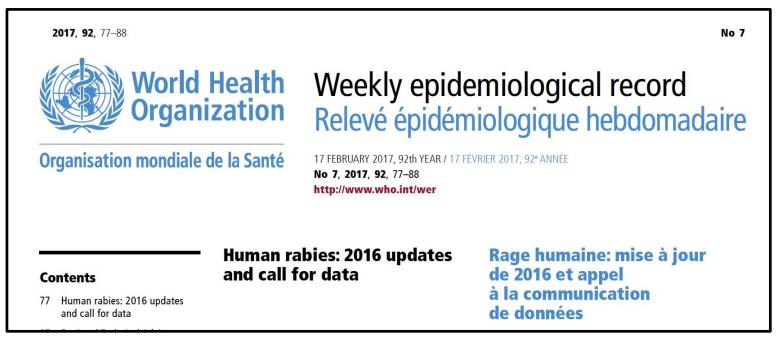






# The need for accurate and reliable data

### • Underestimation of the burden of human rabies



- ⇒ Weak and official reporting of disease incidence in humans and animals remains inadequate and incomplete
- In many cases the true quantitative burden of rabies is best displayed using estimates





### • Limitation of the clinical diagnosis

#### ⇒ Few specific signs (except hydrophobia/aerophobia)

As a reminder: <u>encephalitis with 2 major forms</u> (spastic and paralytic) with minor atypical or non-classical forms

#### ⇒ Various clinical syndrome overlapping with rabies

<u>Example</u> (for human): malaria, Guillain-Barré syndrome, post-vaccinal encephalitis, psychiatric disorders, etc.

## Difficulties to suspect rabies in case of encephalitis without any history of exposure

<u>Demonstrate</u> the presence and distribution of disease in humans and animals

# ⇒ Some predictive elements with neuroimaging (FLAIR magnetic resonance image, but not CT)

**Confirmed case:** biologicial confirmation of cases





### • Definition of rabies cases (WHO)

### ⇒ Suspect case

#### Human case definition

A person presenting with an acute neurological syndrome (i.e. encephalitis) that progressively worsens towards coma and death, typically within 7–10 days of onset, if no intensive care is instituted. May include any of the following signs and symptoms:

- aerophobia
- hydrophobia
- paraesthesia or localized pain
- dysphagia
- localized weakness
- nausea or vomiting





### • Definition of rabies cases (WHO)

### $\Rightarrow$ Probable case

#### Human case definition

A suspect human with a reliable history of contact with a (suspect/ probable/confirmed) rabid animal

#### ⇒ Confirmed case

#### Human case definition

A suspect or probable human that is laboratory-confirmed using a standard diagnostic test





### • Definition of rabies cases (WHO)

#### ⇒ Excluded case

#### Human case definition

A suspect or probable human that is ruled out by appropriate laboratory testing

or

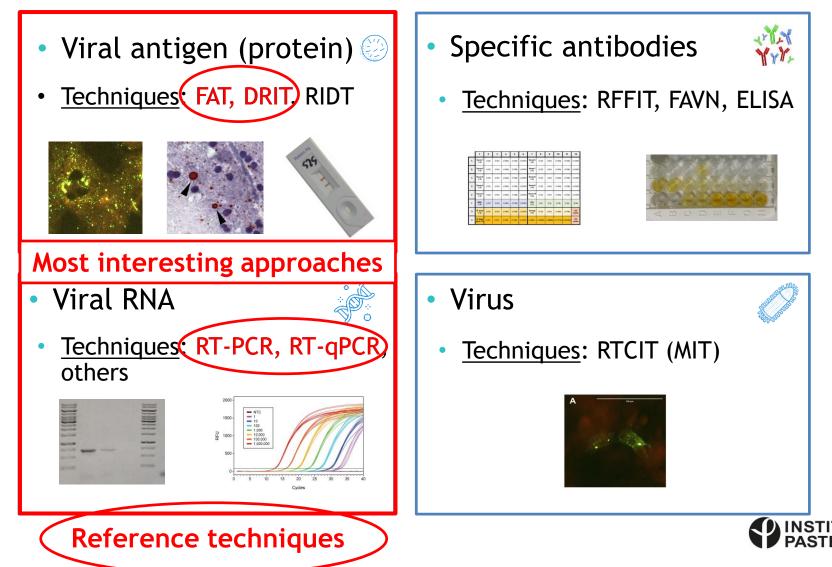
A suspect or probable human with no reasonable risk of animal contact in the past 6 months





### How a biological diagnosis ?

### • Identification of one or more of the following criteria:





### • Only when clinical signs are already present

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2 main forms:

Spastic (furious) 70%

Paralytic (dumb) 30%

At *post-mortem* stage

Fever, anorexia, nausea, vomiting headache, lethargy, pain at the bite site

Anxiety, agitation, depression

Aphasia, incoordination paresis, paralysis, **hydrophobia**, **aerophobia**, Spasm of the larynx, confusion, delirium, hallucinations, hyperactivity

> Coma, Cardiac arrythmia Hypoventilation, cardiac arrest

Expos	ition	First symptoms	First nervous clinical signs	arrest
Clinical stage	Incubation period	Prodromes	Acute neuro. stage	Death
Duration	20-60 days	1-2 days	1-4 days	1-7 days
	Vaccination	• •	Biologic	al diagnosis
⊏> At a	nte-mortem stage			



# Which samples for biological diagnosis ?

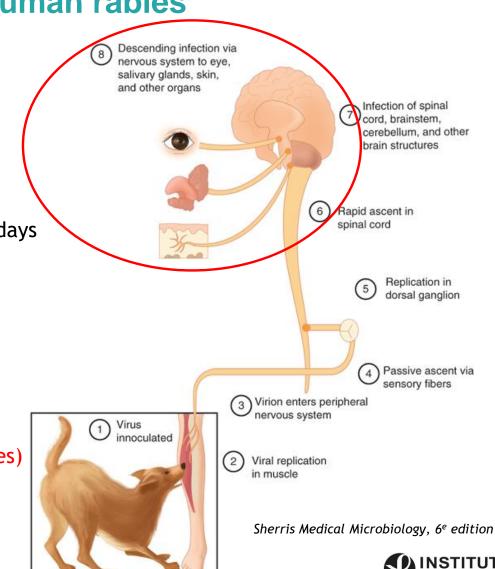
Main specificities of human rabies

#### Particular physiopathology

- Quasi-exclusively neurotropic
- No viremia
- Long incubation period
- Possible detection starts only 10 (15) days before the onset of symptoms

# Detection at the late stage of the disease in nervous tissues or specific fluids

- Central nervous system and CSF Skin biopsy (nerves around the follicles) Saliva (salivary glands) Eye (cornea, tears)
- Nerves of all innervated tissues



# Which samples for biological diagnosis ?

- Depending of the stage of the diagnosis
- Post-mortem
  - Ante-mortem
- Brain tissue \*\*\*\*\*
- Skin biopsy and hair follicles \*\*\*\*\*
  - Saliva \*\*\*\*\*
    Tears \*\*\*\*
  - CSF \*\*\*\*
  - Blood \*\*\*
- Nerves of all innervated tissues \*\*
- Cornea \*
  - Urines \*



Collected at the nape of the neck (easily accessible, with high density of hair follicles)



Easy to collect (non invasive and acceptable by relatives and medical staff)

Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.



\*\*\*\* Interest for diagnosis

# Which samples for biological diagnosis ?

- A critical point to obtain relevant and reliable results
- → Importance of sampling and storage conditions

Wrong sampling or conditions of storage: risk of <u>false negative results</u> Main difficulties in enzootic areas in <u>tropical countries</u>

Diagnosis performed exclusively in <u>central laboratories</u>

### $\Rightarrow$ For all samples

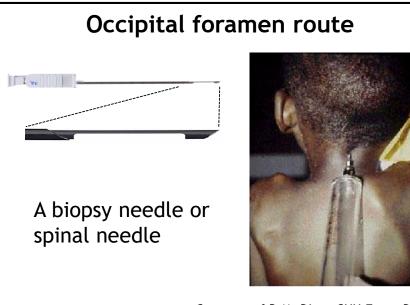
Collection in <u>dry tubes</u>

Storage at <u>low temperature</u>: short storage or transport at +4°C (few hours only) or frozen (best)



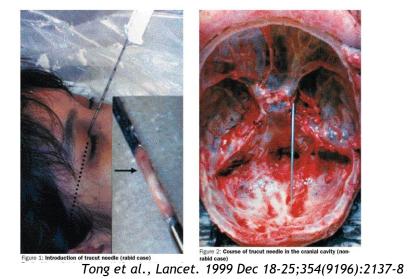
- Diagnosis using brain biopsy
  - The reference sample

Collected after autopsy or rapid sampling



Courtesy of B.M. Diop, CHU Fann, Dakar

#### Retro-orbital route



Difficult (if not impossible) to obtain (in low-, middle-, or highincome countries)



**Post-mortem** 

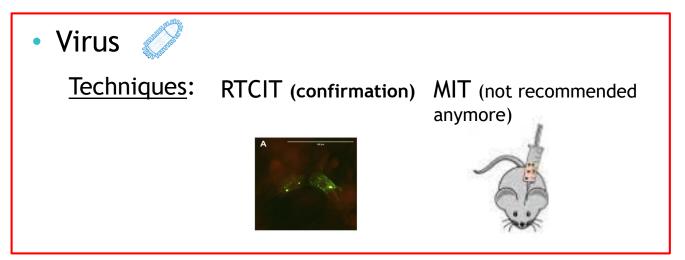
**Post-mortem** 

- Diagnosis using brain biopsy
- Techniques of diagnosis
- Viral antigen (protein) (2) <u>Techniques</u>: FAT (reference) DRIT (not really RIDT (need additional tested for human) validation) • Viral RNA Techniques: RT-PCR (reference) others (LAMP, RPA, RT-qPCR (reference) etc.) (need validation)

• Diagnosis using brain biopsy

Post-mortem

Techniques of diagnosis



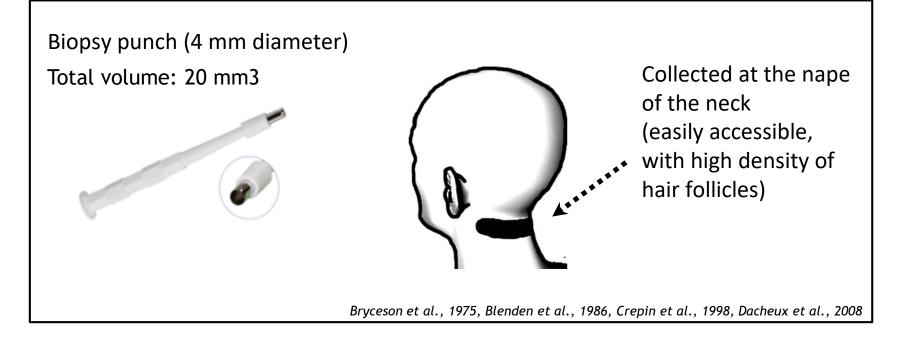


• Diagnosis using skin biopsy

Post-mortem

The alternative sample

Easy to collect

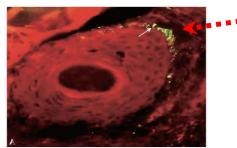




- Diagnosis using skin biopsy
  - > Techniques of diagnosis
  - Viral antigen (protein) 💮

Techniques: FAT

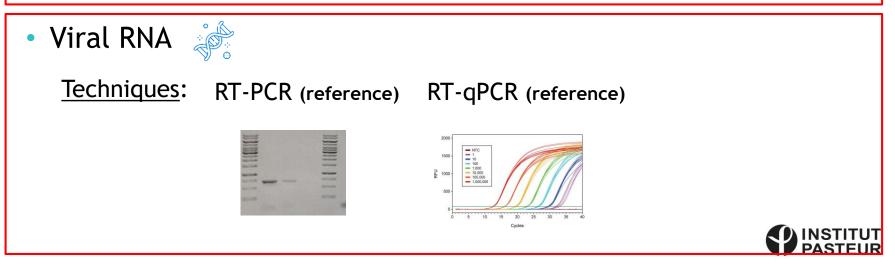
(very little used now because difficult to implement)



Detection of viral antigens in the nerves surrounding the hair follicle

**Post-mortem** 

Soun et al., J. Int J Biomed Sci. 2006 Dec;2(4):434-45



• Diagnosis using skin biopsy

Post-mortem

Sensitivity at the post-mortem stage (RT-PCR)

	Numb	per of sar	nples	Rate of	oositivity*
Type of		Per patient		At discharge	
Type of samples	Total	Median	range	Per sample	Per patient
Skin biopsy	60	1,5	0-3	97,2% (36)	96,7% (31)

\* Per sample: number of positive samples / total number of the considered sample; per patient: number of patients with at least one positive sample / number of total patients from whom the considered sample was collected.

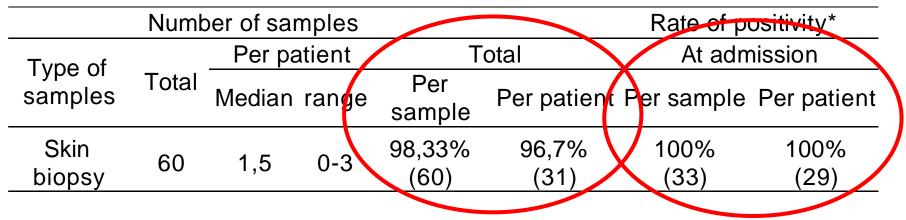
Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.



Diagnosis using skin biopsy

Ante-mortem

Sensitivity at the ante-mortem stage (RT-PCR)



\* Per sample: number of positive samples / total number of the considered sample; per patient: number of patients with at least one positive sample / number of total patients from whom the considered sample was collected.

Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.



• Diagnosis using saliva sample

Ante-mortem

⇒ Another suitable sample (in addition to skin biopsy)

Easy to collect

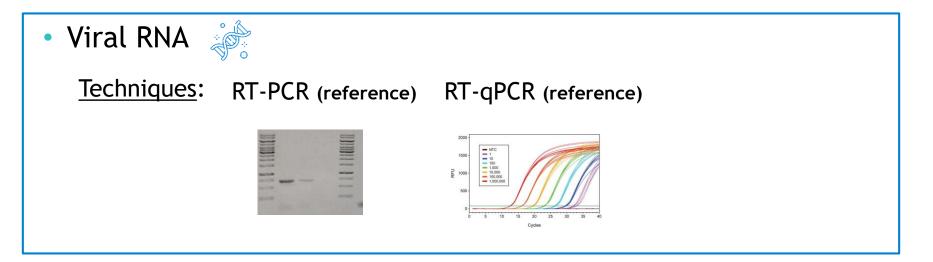




• Diagnosis using saliva sample

Ante-mortem

Techniques of diagnosis

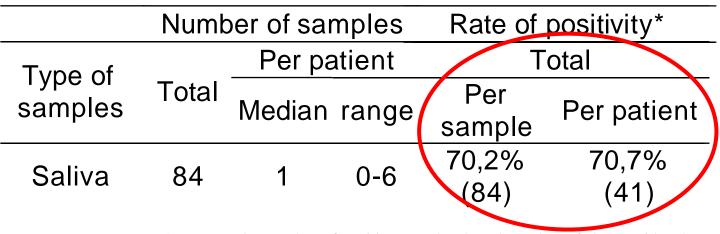




• Diagnosis using saliva sample

Ante-mortem

Sensitivity at the ante-mortem stage (RT-PCR)



\* Per sample: number of positive samples / total number of the considered sample; per patient: number of patients with at least one positive sample / number of total patients from whom the considered sample was collected.

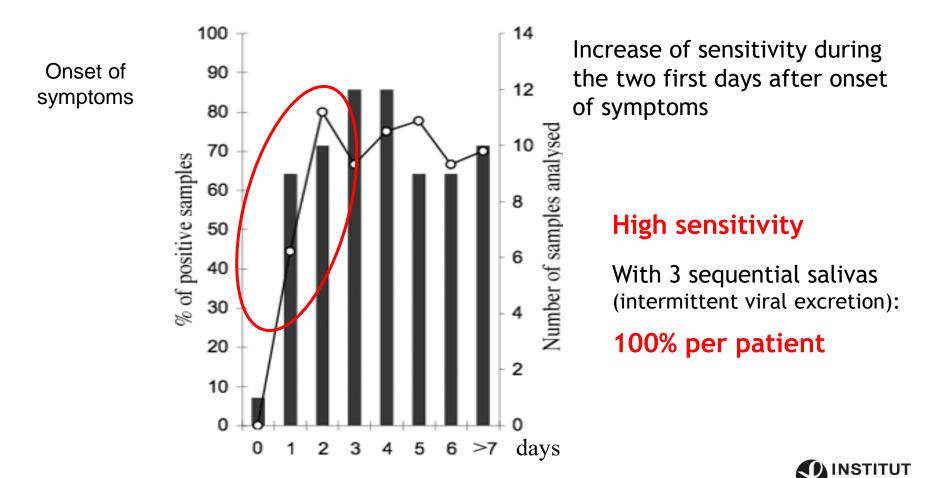
Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.



• Diagnosis using saliva sample

Ante-mortem

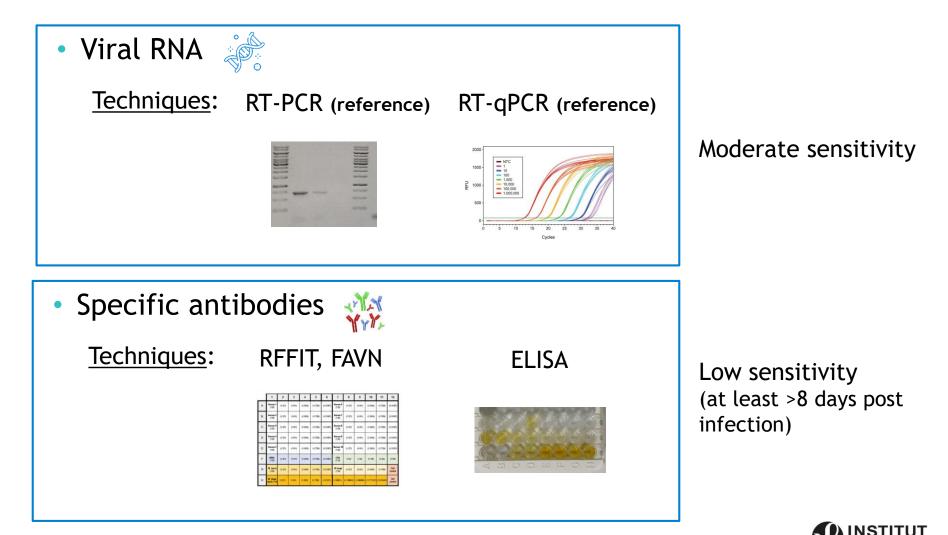
Sensitivity at the ante-mortem stage (RT-PCR)



Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.

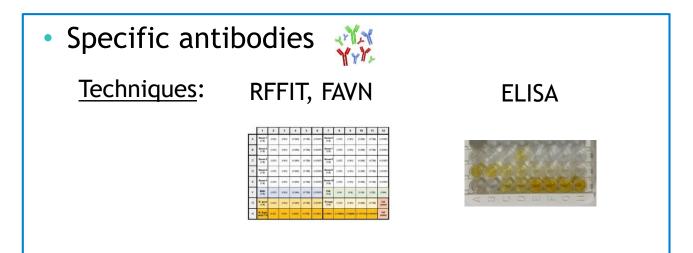
Ante-mortem





Diagnosis using blood/serum sample





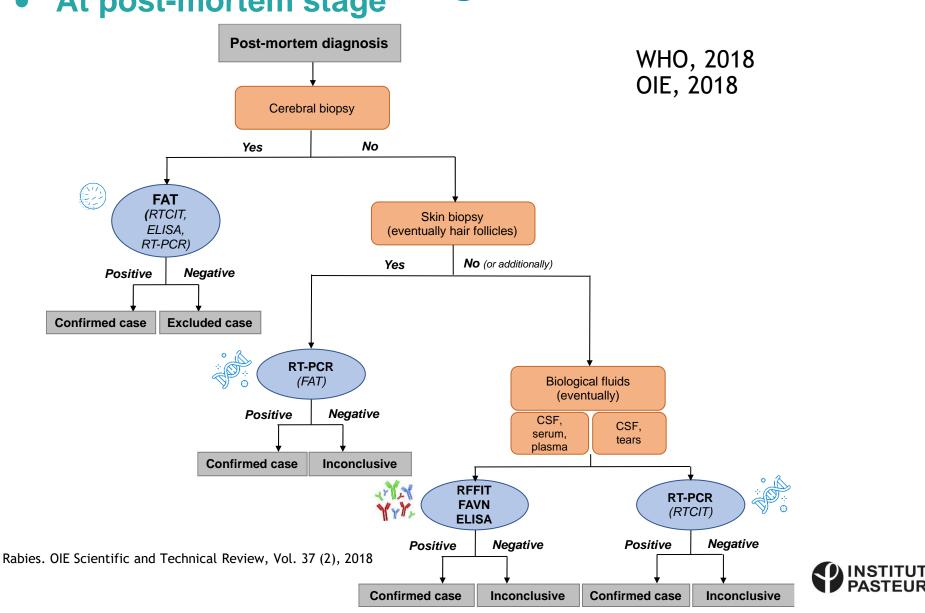
Low sensitivity (at least >8 days post infection)

Number of samples						Rate of po	ositivity*		
		Per patient		Total		At admission		At discharge	
Type of samples	Total	Median	range	Per	Per natien	t Per sample	Por patient	Per	Per
		Median	Tanye	sample				sample	patient
Serum	46	1	1-3	0%	0%	0%	0%	0%	0%
Seluin	40	I		(46)	(43)	(33)	(32)	(20)	(18)

Dacheux L et al., Clin Infect Dis. 2008 Dec 1;47(11):1410-7. doi: 10.1086/592969.

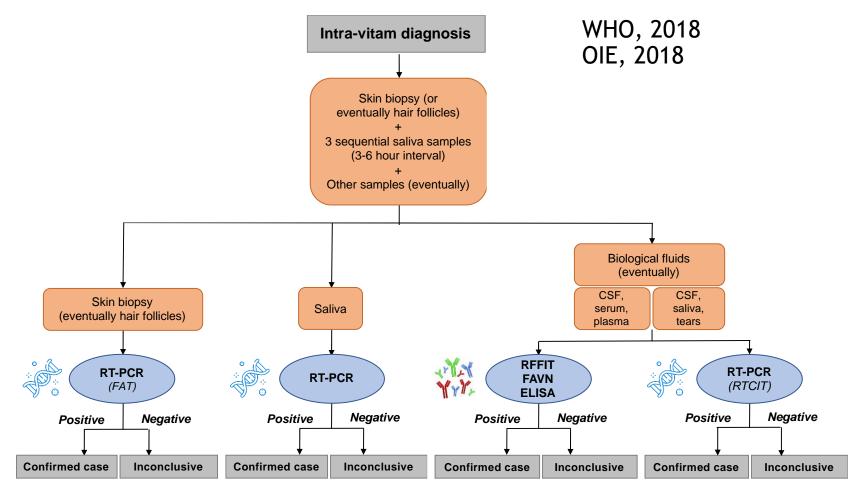


### • At post-mortem stage • At post-mortem stage



### The biological diagnosis of human rabies: Algorithm

• At ante-mortem stage



Rabies. OIE Scientific and Technical Review, Vol. 37 (2), 2018





#### Difficulty of the ante-mortem diagnosis

<u>Patient</u>: Male, 41 years Hospitalization in mid-June 2016 (Paris) >> Febrile confusional syndrome

Onset of symptoms: early June (non specific)

Worsening of the clinical condition despite resuscitation

Death: mid-July 2016

- >> 40 days after onset of symptoms
- >> 26 days after hospitalization

Antecedent of dog bite in Bangladesh **1 year and 4 months** before hospitalization





Difficulty of the ante-mortem diagnosis

Suspicion of rabies: mid-June 2016

4 skin biopsies

- 6 saliva samples
- 3 serum samples
- 1 CSF sample

#### <u>Technique</u>: Combo RT-qPCR with pan-RABV RT-qPCR (TaqMan) and panlyssa RT-qPCR (SYBR Green)

Previoulsy validated on ante-mortem / post-mortem diagnosis:

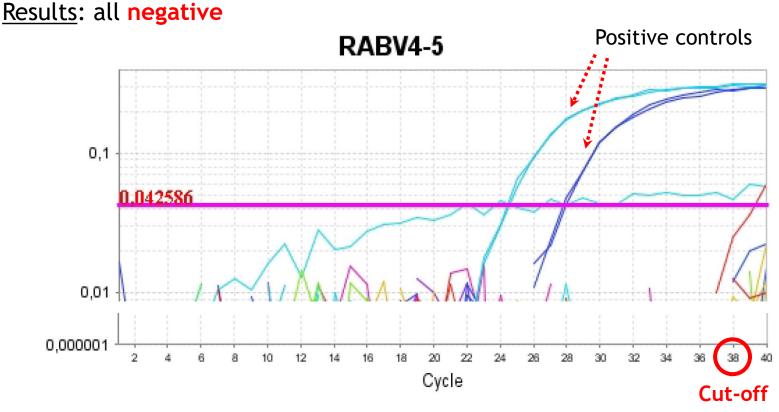
- 211 biological samples (positive n = 76 and negative n = 135) including saliva, skin and brain biopsies.
- detection all **41 human cases** of rabies
- sensitivity of skin biopsy: **91.5%**, saliva: **54%**

Dacheux et al., PLoS Negl Trop Dis. 2016 Jul 5;10(7):e0004812. doi: 10.1371/journal.pntd.0004812.





### Difficulty of the ante-mortem diagnosis



Example of pan-RABV RT-qPCR (TaqMan) results





Difficulty of the ante-mortem diagnosis

Retrospective diagnosis: mid-September 2017

1 brain biopsy (frontal cortex)

(as part of a cohort of patients who died of unknown encephalitis)

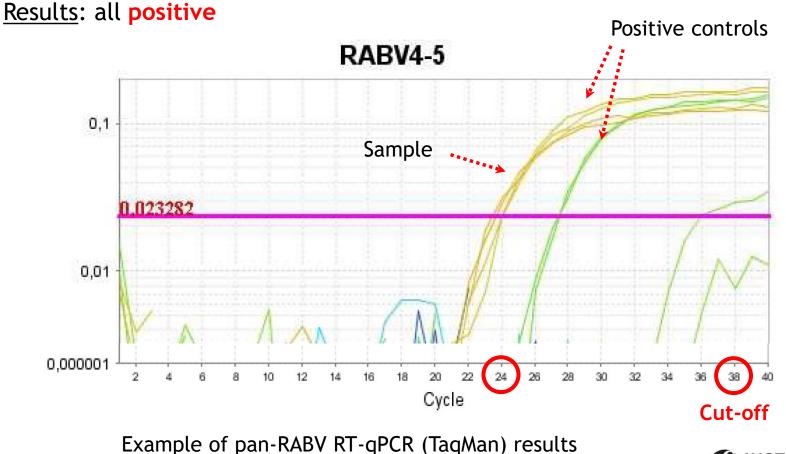
Technique: FAT

Combo RT-qPCR with pan-RABV RT-qPCR (TaqMan) and panlyssa RT-qPCR (SYBR Green)





### Difficulty of the ante-mortem diagnosis





Difficulty of the ante-mortem diagnosis

Rational: Decrease of sensitivity due to 4 mutations

	Pri	ner fo	rward	Probe 1	Probe 2	Primer reverse
					-	
consensus position 7,42	2 (	Taq3lo	ng)	(RABV4	.) (RABV5	) (Taq17revlong)
base at	TCCACCTTGACTAT	GAGAAGTGGAA	ACAATCATCAAAGAT	TGGAGTCAACAGAGGATGTATTTTCTGTCCTAGATCAAGTG	TTTGGACTAAAAAGGGTGTTTTC <mark>CH</mark> AACACACGAGTTT	TTTTCAGAAGTCTTGGATCT <mark>AYTAY</mark> TCAG <mark>ay</mark> aGATCGGI
1 fragment	7260	7270	7280 7290	7300 7310 7320 7330	7340 7350 7860 7370	7380 7390 7400 74
🗟 Taq17revion	g					CYTGGRTCTATTATTCAGACAGATC
RABV5					AGRGTGTTTTCYAGRACWCAYGAGTTT	TTTYCA
RABV4				GATGTRTTYTCTGTMCTVGATCARGTG	тт	
🖾 Taq3long		GAGAAGTGGAA				
🔞 н1 7001 1	TCCACCTTGACTAT	аратараа	асеетсетсеееее	TGGAGTCAACAGAG <u>GATGTATTTTCTGTCCTAGATCAAGTG</u>		
Overview	v Summary Cut Ma	ap Find	ReAligner			

Polymerase (L) sequences of RABV from Arctic-like 1 (AL-1) lineage (Blangladesh) **not available** at the time of the primers/probes design and validation

Lower sensitivity (lower viral load) in ante-mortem samples vs brain samples (commonly used for PCR validation





### • Second example

#### → Unexpected results with the post-mortem diagnosis

Patient: Male, 59 years Hospitalization in June 2019 >> encephalitis Onset of symptoms: 3 days before (non specific) Worsening of the clinical condition despite resuscitation Death: 51 days after hospitalization, without aetiology No specific antecedent (at this time)





### Second example

Difficulty of the post-mortem diagnosis

#### Retrospective diagnosis: October 2020

1 brain biopsy (frontal cortex)

(as part of a cohort of patients who died of unknown encephalitis)

Metagenomic analysis (NGS)

Detection and sequencing of EBLV-1a strain genome

Clinical Infectious Diseases

#### MAJOR ARTICLE



# First Case of Lethal Encephalitis in Western Europe Due to European Bat Lyssavirus Type 1

Béatrice Regnault,<sup>1,2</sup> Bruno Evrard,<sup>3,4</sup> Isabelle Plu,<sup>5,6</sup> Laurent Dacheux,<sup>7</sup> Eric Troadec,<sup>1,2</sup> Pascal Cozette,<sup>7</sup> Delphine Chrétien,<sup>1,2</sup> Mathilde Duchesne,<sup>8</sup> Jean-Michel Vallat,<sup>9</sup> Anne Jamet,<sup>10</sup> Marianne Leruez,<sup>10</sup> Philippe Pérot,<sup>1,2</sup> Hervé Bourhy,<sup>7</sup> Marc Eloit,<sup>1,2,11,a</sup> and Danielle Seilhean<sup>5,7,a</sup>

Regnault et al. Clinical Infectious Diseases, Volume 74, Issue 3, 1 February 2022, Pages 461-466.





### • Second example

Difficulty of the post-mortem diagnosis

Techniques (classical):FATNegative (different conjugates used)RTCIT/MITNegative (different conjugates used)Specific RT-qPCRPositive

Other tests/samples: mRFFIT (EBLV-1)

Serum

CSF

Positive (1/100)

(at the day of admisstion)

Negative

(at the day of admisstion and 34 later)

#### Rational: Puzzling!

EBLV-1 antigens and virus isolation from naturally infected sheep and stone martens also difficult

Possibly in relation to the type (meninge and cortex), size or conservation of brain samples, or to sample processing to dilute inhibitors.





### Take home messages

- **Biological diagnosis:** the only way to confirm rabies
- Selection of the **right samples**, with the **right conditions** of conservation and with the **right validated techniques**
- Availability of reliable ante-mortem diagnostic techniques
  / protocols
- Skin biopsy / 3 saliva samples: keys samples for molecular diagnosis
- Variable and lower viral loads in ante-mortem samples vs brain samples
- Can be complicated / unexpected! Multiplication of the samples and retesting in case of negative results PASTEUR





ALERT



### Thanks for your attention !!!



